**Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Homeroom**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Quotes on Self-Reflection***

**Directions:** Review the quotes below. Paraphrase what they mean (rewrite them in your own words) and then decide whether you agree with the quote. Explain why or why not.

|  |  |  |
| --- | --- | --- |
| **Quote** | **Paraphrase the Quote** | **Do you agree with this quote? Why or why not?** |
| “Knowledge of the self is the mother of all knowledge. So it is incumbent (necessary) on me to know myself, to know it completely.”    - Kahlil Gibran, Lebanese-American writer, poet and [visual artist](https://en.wikipedia.org/wiki/Visual_arts)  Image result for Kahlil Gibran" |  |  |
| “Self-reflection is a humbling process. It’s essential to find out why you think, say, and do certain things – then better yourself.”  -Sonya Teclai, American singer and writer |  |  |

***Quotes on Self-Reflection* (Continued)**

|  |  |  |
| --- | --- | --- |
| **Quote** | **Paraphrase the Quote** | **Do you agree with this quote? Why or why not?** |
| “Before anything else, preparation is the key to success.”  -Alexander Graham Bell, credited with inventing and patenting the first practical [telephone](https://en.wikipedia.org/wiki/Telephone)  C:\Users\kgriffith\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\94F33ED6.tmp |  |  |
| “Blessed are those who can laugh at themselves, for they shall never cease to be amused.”    - Anonymous |  |  |

***Quotes on Self-Reflection* (Continued)**

|  |  |  |
| --- | --- | --- |
| **Quote** | **Paraphrase the Quote** | **Do you agree with this quote? Why or why not?** |
| “Don't bother just to be better than your contemporaries (current peers) or predecessors (people who came before you). Try to be better than yourself.”  -William Faulkner, American writer and Nobel Prize laureate. Faulkner wrote novels, short stories, screenplays, poetry, essays, and a play  C:\Users\kgriffith\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7E5FB145.tmp |  |  |
| “The unexamined life is not worth living.”  - Socrates, a classical Greek philosopher credited as one of the founders of Western philosophy, and as being the first moral philosopher of the Western ethical tradition of thought.  C:\Users\kgriffith\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\CB12389B.tmp |  |  |

**Stamp Your Learning for *Quotes on Self-Reflection***

**Directions:** Answer the following questions in complete sentences.

1. Which quote is your favorite quote and why?

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1. Which of the quotes would you share with others? Why?

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1. Explain a recent time you used self-reflection and how it supported you. If you haven’t self-reflected recently, think of a time when self-reflection would have been helpful.

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